

TRUMEGATM

**OMEGA 3
1000 mg**

COMPOSITION

TRUMEGATM Softgel Capsule: Each Soft gel capsule contains 1000 mg Omega-3 fatty acid (a combination of Eicosapentaenoic Acid 460 mg & Docosahexaenoic Acid 380 mg).

PHARMACOLOGICAL ACTION

The Omega-3 fatty acids containing eicosapentaenoic acid & docosahexaenoic acid are long-chain n-3 polyunsaturated fatty acids, which compete with arachidonic acid for inclusion in cyclo-oxygenase and lipoxygenase pathways. Their actions include hypolipidaemic action (especially a reduction in plasma triglycerides) by reducing very low density lipoproteins; anti-inflammatory action, attributed to effects on leukotriene synthesis & antiplatelet effect.

INDICATION & USES

- Supports Cardiovascular Health
- Aids Weight Loss
- Supports Eye Health
- Reduces Inflammation

SIDE EFFECTS

Adverse events are rarely reported.

CONTRAINDICATIONS

Hypersensitivity to the active substance or any of the excipients.

PREGNANCY & LACTATION

Research has confirmed that adding EPA and DHA to the diet of pregnant women has a positive effect on visual and cognitive development of the baby.

INTERACTION

Omega-3 fatty acid has been given in conjunction with warfarin without haemorrhagic complications. However, the prothrombin time must be checked when Omega-3 fatty acid is combined with warfarin or when treatment with Omega-3 fatty acid is stopped.

DOSAGES

1 softgel capsule 2-3 times daily after meal or as directed by the physician.

STORAGE

Store below 25^o C. Protect from direct sunlight & moisture. Do not Freeze. Keep out of reach of the children.

HOW SUPPLIED

TRUMEGATM Softgel capsule: Each box contains 30 capsules in PET container.

Manufactured by
SQUARE PHARMACEUTICALS LTD.
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